

**SPIRIT WARRIORS
WAIVER, RELEASE AND INDEMNIFICATION FORM (19 years and over)**

I _____ of _____
(Name) (Address)

in the City of _____ Province of _____

recognize and acknowledge that paddling dragon boats of all sizes and descriptions is a considerable test of an individual's personal fitness, strength, coordination and endurance. I acknowledge that I should consult a physician prior to starting a physical fitness program. Participation in this sport involves a serious risk to each and every participant. These risks include but are not limited to:

Drowning, hypothermia, boat collision, impact injuries, muscle strain, overuse injuries, sunburn and all other possibilities for injury when involved in racing training and paddling on all types of waters.

I have read and understand the above paragraph and the risks described therein, and confirm the following:

1. I have attained the full age of 19 years and I am mentally competent to provide my consent to the terms contained in this waiver, release and indemnification form and, I fully understand the contents of this waiver, release and indemnification form.
2. I hereby agree to abide by the rules and regulations of Spirit Warriors and its executive, directors and coaches as set from time to time;
3. I hereby waive and release, for myself, my executors, administrators, next of kin, and assigns, any and all claims or clauses of action that I may have against the Spirit Warriors or its directors, coaches, members, volunteers, sponsors, or any one or more of their executors, administrators, next of kin or assigns (hereinafter "The Participants"), including any and all claims for personal damage, death or property damage caused by the Spirit Warriors or the Participants arising out of my participation in paddling, including but not limited to training, racing and related events, together with any costs, including legal fees, that may be incurred as a result of any such claims whether valid or not;
4. I hereby indemnify and hold harmless the Spirit Warriors and The Participants against any all claims or causes of action that I or my executors, administrators, next of kin, successors or assigns may have or assert for damages for personal injury, death or property damage including any costs and legal fees that may be incurred as a result of any such claims whether valid or not;
5. I hereby indemnify and hold harmless the Spirit Warriors and The Participants against any damage to my personal possessions, vehicles and athletic equipment during paddling, including training, racing, related activities and, including damage occurring during transportation of persons and equipment to and from paddling activities, races and related events;
6. I am aware that as a participant in the sport of dragon boating, there is the potential for injury both on and off the water. I hereby release Kamloops Dragon Boat Club (KDBC) from any and all liability and waive any claim that I, my heirs, next of kin, executors and representatives may have against KDBC its executive and members for any damage or personal injury that I incur while using KDBC equipment or when on KDBC premises;
7. I hereby attest that, to the best of my knowledge, I am in good physical health and agree to participant in the herein described activities, acknowledging the inherent danger therein, knowing my level of physical health.

Tel. No: _____

Date: _____

Signed: _____
(applicant)

Witness: _____
(witness)

Print Name _____
(applicant)

Print Name _____
(witness)